

The Everything Buddhism Book

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The Everything Buddhism Book

An excerpt from "Secrets of Happiness," by Joan Silber ...

'Secrets of Happiness,' by Joan Silber: An Excerpt

Kevin Griffin found his own way to embrace recovery using ideas he borrowed from Buddhism, and he wrote a book about it that helped others -- including Vic Vela -- overcome their own challenges.

Kevin Griffin

Furthermore, it has become clear that these elementary particles are a mysterious existence that repeats birth and death[]=[] syometsu, generation and destruction[] and has wave properties when it is ...

Tao and the Cosmic Principle

When he first tasted power in a kitchen, early in his career, renowned chef Éric Ripert realized he was reproducing a pattern of abuse that had been accepted during his own training. He set about ...

How Buddhism helped renowned chef Éric Ripert break the cycle of abusive kitchens

Throughout this book I shall refer to theories and practices of contemplation stemming primarily from ancient Greek philosophy, Christianity, and Buddhism ... declaring that everything occurred due to ...

Mind in the Balance: Meditation in Science, Buddhism, and Christianity

And Thai culture insists that certain traditions and institutions are not to be questioned. It therefore sets limits to the parameters of critical enquiry. Some readers may not be familiar with the ...

The hand grenade hidden in the heart of Thai Buddhism

I ask you to love each other." All this happens in the first 27 pages of Rabbi Wayne Dosick's newest book, "Radical Loving: One God, One World, One People." Due out later this month, his book is a ...

In new book, Rabbi Wayne Dosick makes a plea for unity

At its peak, OneTaste was reported to be making \$12 million a year; it had centres in nine cities, including New York, San Francisco and London, and was endorsed by no less a personage than the high ...

Inside the multi-million dollar orgasm cult endorsed by Hollywood

Rachel True spoke with Okayplayer about The Craft and how she would've handled character Rochelle's storyline differently, her tarot set and memoir True Heart Intuitive Tarot, and Black horror. Twenty ...

Rachel True Reflects On 25 Years Of 'The Craft' And Being A Tarot Practitioner And Advocate

Ulrich von Schroeder at age 22 in Kwa Baha, Patan in 1965. Photo: Nepalese Stone Sculptures Ulrich von Schroeder first came to Nepal as a student of architecture in the summer of 1965 aged 22, ...

Cataloguing Nepal's idols to stop theft

The Secret to Superhuman Strength is an account of Bechdel's lifelong pursuit of nondual bliss through vigorous-to-the-point-of-violent physical activity: the dharma of working out, you might call it.

The Dharma of Working Out

Former British Council librarian Russell Bowden is spending his retirement years in Sri Lanka, joining the dots between Buddhism and books. He talks to Stephen ... Pack up my house and give up ...

On the chapter titled Buddhism

For Buddhists, meditation and mindfulness helps them reach nirvana: a state of enlightenment, peace, and happiness. So, why are we talking about Buddhist teachings in a Christian article? While there ...

Why Christians Need to Rediscover the Lost Art of Meditation

Demick's recent book has managed to penetrate the Tibetan world and to bring its people vividly to life on the page.

A Prison Called Tibet

Why dedicate your book to a Buddhist leader? He and I get together ... Do your best. Also, say yes to everything. If my soul says "yes", then I say "yes". And keep moving towards the ...

Reverend Bill Crews: 'Be grateful, every day. Do your best. Say yes to everything'

Meanwhile, allegations of 'cheque-book Buddhism', cronyism and corruption ... But salacious stories about monks who commit serious crimes – everything from sex offences to wildlife ...

Thai Buddhism - Monks, Mercs and Women

She worries about almost everything ... with reading reference books and articles about climate change. She also devours words of wisdom, including about Buddhist spirituality: "A visitor once ...

Worrying about the 'Weather': Jenny Offill on her doomsday dread novel

This part of the wheel teaches us that everything that happens in life, both inner and outer, has a cause and occurs in certain conditions. According to Buddhist religion ... appearing in the New ...

The Bitcoin Bhavacakra

But far from stepping up to the challenge, Indian Minister of External Affairs S. Jaishankar has made everything worse. The Indian Foreign Service (IFS) has long been revered for its professionalism, ...

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